

Spiritual Temperament Assessment

(Adapted from Sacred Pathways by Gary Thomas)

1. Naturalist – Experience God through nature, outdoors, camping, hunting.
2. Sensate – Experience God through the senses, enjoys high church, awe and beauty.
3. Traditionalist – Experience God through ritual and tradition, enjoys symbolism and ritual.
4. Ascetic – Experience God through solitude and simplicity, more internal than external.
5. Activist – Experience God through confrontation awaken the church from apathy.
6. Caregiver – Experience God through loving others, ministering to the poor.
7. Enthusiast – Experience God through celebration, worship, excitement, music.
8. Contemplative – Experience God through emotions, presence, friendship with God.
9. Intellectual – Experience God through the mind, enjoys Biblical study and theology.

You will experience greater spiritual passion when you pursue God in ways that you enjoy and find most life giving.



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